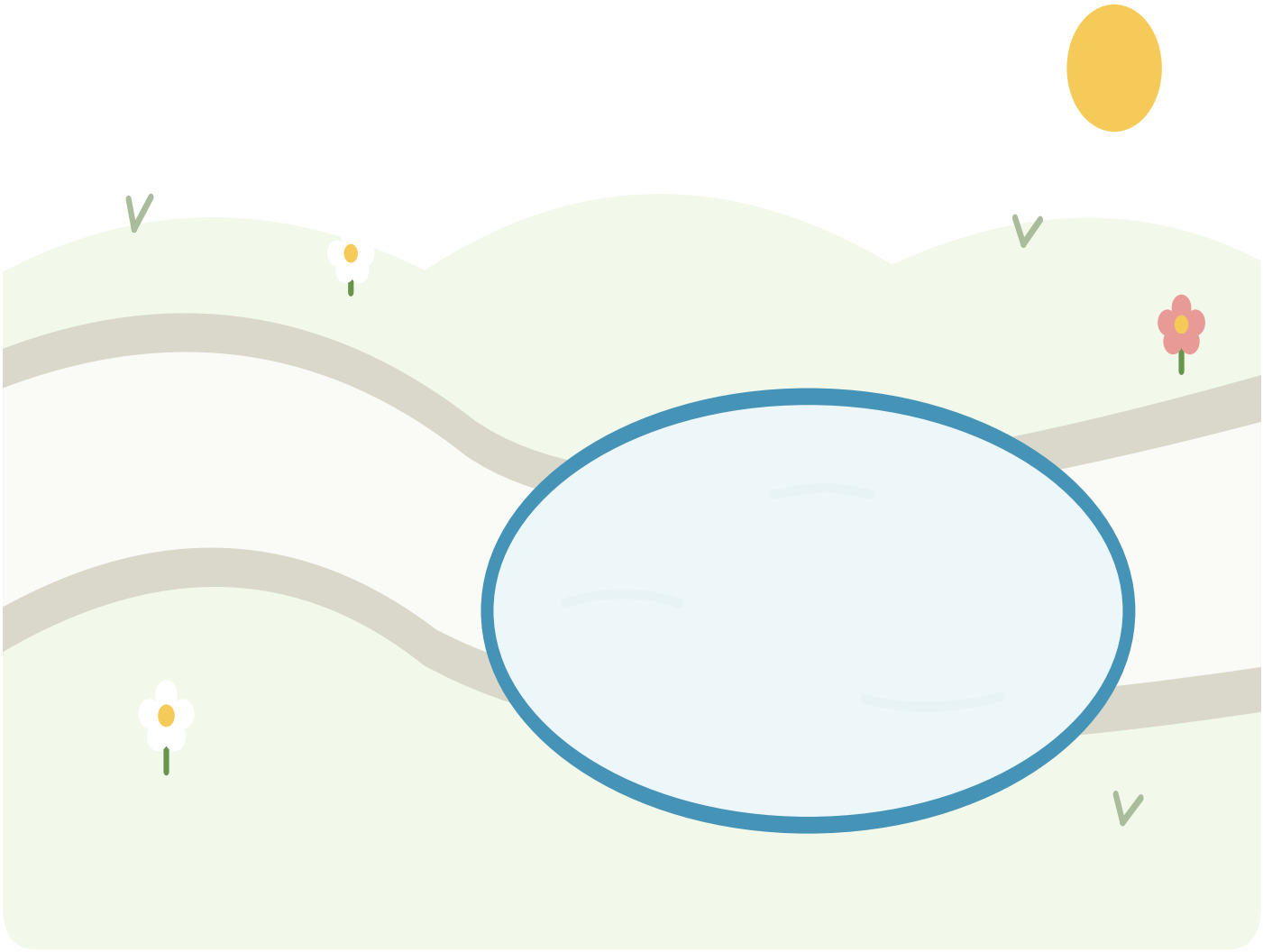
Oh dear, Doctor Foster!

Sing together. Move Doctor Foster into the puddle.



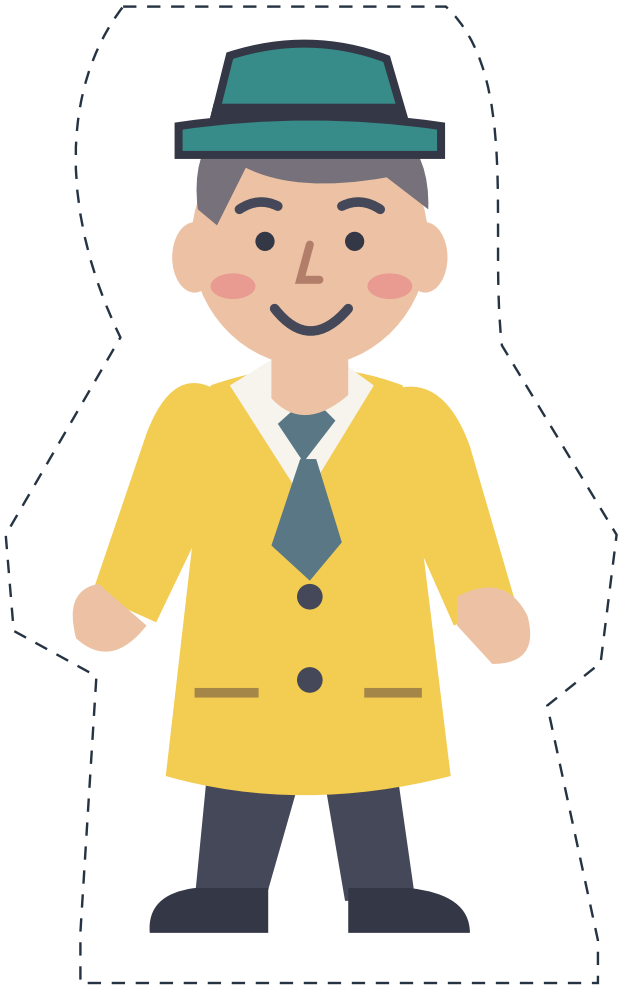
How might he feel? What could help?

For brief, shared use with children aged two and above. An adult sings and talks alongside them. Use the physical version with younger children.

An adult cuts out Doctor Foster from page 2. Move him into the paper puddle while everyone sings. A toy person and blue cloth work too.

Doctor Foster — cutout and rhyme

An adult cuts out the character along the dashed outline.



The rhyme

Doctor Foster went to Gloucester,
In a shower of rain.
He stepped in a puddle,
Right up to his middle,
And never went there again.

How might he feel?

What could help?

What to do

1. Sing the rhyme together while the child moves Doctor Foster into the puddle.

2. Pause: “Oh dear—he’s all wet! How might he feel?”

3. Listen, then ask: “What might help him?”

There is no single correct answer. Children can point, gesture, speak or watch. Follow their ideas.